BTEC Applied Human Biology

Part A - Bridging Work Task

This is a fantastic opportunity to expand your understanding of Human Biology as you prepare for enrolment and start at Franklin in September.

Please complete the work and bring a copy to your enrolment, either printed or electronically.

The work will take around **2 hours**, so plan your time to best suit you.

How do I complete and submit my task?	Complete the tasks on paper/handwritten or digitally and bring a copy either paper or electronically to your enrolment appointment, also take this to your first lesson in September. If you did not attend the Taster Day don't worry – this isn't essential for completing this work but, please ensure that you have completed this bridging work.
Introduction to your Bridging Task	This task relates to 'Vital Signs' which is part of the examined unit - Unit 1: Principles of Applied Human Biology
Task details	 Watch the video about Vital Signs For the following Vital Signs: Blood Pressure Heart Rate Breathing Rate (respirations) Temperature Blood Oxygen Saturation For each vital sign make sure your notes include: Equipment used to carry out the test. Basic method on how the test is carried out. Image of patient having the test carried out. Unit of measurement e.g. heart rate – beats per minute. State normal reference range.
Resources to help you with the Bridging Task	Video link for diagnostic tests: Vital Signs Nursing: Respiratory Rate, Pulse, Blood Pressure, Temperature, Pain, Oxygen (youtube.com) You can also use the following websites to help with the task:

	Student resource - Unit 1 Principles of Applied Human Biology	
	(pearson.com)	
	You can also use any other research sources and materials you wish.	
Extension Tasks		
Extension Tasks to stretch and challenge you	 If you have completed the above to the best of your ability, feel free to try this extension task (<i>this is optional</i>): Research abnormal vital signs (outside the normal reference range). Write notes about what they may indicate about the patients' health. 	
Massive Open Online Courses (MOOCs)	You might enrol on these online courses and complete the following to push you a little further (this is optional): <u>StanfordOnline: Introduction To Food & Health edX</u> <u>AdelaideX: Essential Human Biology: Cells and Tissues edX</u>	

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Part B – Preparing for Studying at Franklin

A fantastic opportunity to widen your understanding of the course.

Examining Board and Specification	This course follows the BTEC Level 3 National Extended Certificate in Applied Human Biology specification: <u>BTEC 2016 Specification (pearson.com)</u> Exam Board: Pearson Edexcel Course Code: 603/3040/5
	 We cover the following topics: Unit 1: Principles of Applied Human Biology Unit 2: Practical Microbiology and Infectious Diseases Unit 3: Human Biology and Health Issues Unit 4: Functional Physiology You will complete a range of written reports, projects, practical assessments and presentations. Studying this course will give you a wide range of skills: By studying this course, you will have the opportunity to develop the following employability skills:

	 cognitive and problem-solving skills: approaching non-routine problems applying expert and creative solutions, using systems and technology interpersonal skills: communicating, working collaboratively, negotiating and influencing, self-presentation intrapersonal skills: self-management, adaptability and resilience, self-monitoring and development. This course provides transferable knowledge and skills that will prepare you for progression to university. These include: the ability to learn independently the ability to research actively and methodically the ability to give presentations and be active group members. Progression after this course: This course will allow you to go on to study health-based courses such as nursing, midwifery, occupational health, sports science and physiotherapy. Human Biology is a key subject for lots of vocational careers such as Biomedical Scientist, Healthcare Scientist, Laboratory Technician, Midwifery, Nursing, Nutritionist, Occupational Therapist, Paramedic, Physiotherapist and Sports Scientist.
Preparing for the course	Here are some helpful sources of information if you would like further information about the subject:Websites Human Biology - Biology LibreTextsHigher Human Biology - BBC BitesizeHuman biology: Insights into the human body (medicalnewstoday.com)Books Only the digital book available (see below)Digital ResourcesStudent resource - Unit 1 Principles of Applied Human Biology