

MENTAL HEALTH AWARENESS WEEK

PPD ACTIVITIES

TEAM THRIVE MENTAL HEALTH AWARENESS Every day @ Lunch

BERGONIA

FUELOPMENT

| MON | TUES | WED | THUR | FRI |
|-----------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------|
| MEET THE THERAPY DOGS | MEET THE THERAPY DOGS | BLUE DOOR DROP-IN | WEAR GREEN | S.W.A.G. |
| The Foyer | The Foyer | Room 68 | Mental Health Awareness | International Day Against |
| 10:45am - 1pm | 10:45am - 1pm | 11.30-1pm | Day | Homo/Trans and Bi phobia |
| VOLLEYBALL | UNIVERSITY OF LINCOLN | EXERCISE BIKE | MUSIC PERFORMANCES | The Courtyard |
| On the field | The Green Room | GYM ACTIVITIES | The Courtyard | UNIVERSITY OF HULL |
| All Day | 1-2pm | FRANK PONG | @ Lunch | The Green Room |
| TABLE TENNIS | FOOTBALL TRIALS | The Courtyard | WALK AROUND THE | 12-1pm |
| The Courtyard | The Sports Field | FRANKLIN SINGERS | BLOCK WITH TEAM THRIVE | FRANKLIN SINGERS |
| All Day | 12.15pm | The Courtyard | For Staff and Students | The Courtyard |
| WII SPORTS Room 20 @ Lunch CRAFT, COLOURING, CROCHET & LEGO The Courtyard @ Lunch | MUSIC PERFORMANCESLa Courtyard @ LunchWII SPORTSBoom 20 @ LunchCRAFT, COLOURING, CROCHET & LEGO David @ LunchDASIS HEALTH CLUBMovement for Mental Health Awareness Outside the Bridge 12-1pm | © Lunch ROUNDERS The Sports Field @ Lunch | @ Lunch HRIFT THURSDAY The Courtyard BISHOP GROSSETESTE UNIVERSITY Progression The Green Room 11.30-1pm OASIS HEALTH CLUB Movement for Mental Health Awareness 12-1pm MEET THE THERAPY DOGS Me Foyer @ Lunch | @ Lunch |

