## **CTEC Level 2 Health and Social Care**

## **Part A - Bridging Work Task**

This is a fantastic opportunity to expand your understanding of Health and Social Care as you prepare for enrolment and start at Franklin in September.

Please complete the work and bring a copy to your enrolment, either printed or electronically.

The work will take you around 2 hours so plan your time to best suit you.

How do I complete and submit my task?	Complete the tasks on paper/handwritten or digitally, and bring a copy, either paper or electronically, to your enrolment appointment. Also, bring this along to your first lesson in September.  If you didn't attend the Taster Day, don't worry. It isn't essential for completing this work, but please ensure that you have completed this bridging work.				
Introduction to your Bridging Task	This task will give you an introduction to some of the topics you can expect in September.				
Task details	Task 1: Communication in Health and Social Care – Unit 1				
	In Health and Social Care, service users and practitioners must build positive relationships and communicate with each other.				
	<ol> <li>Define the following key terms: Health Care, Social Care and Childcare</li> </ol>				
	<ol><li>Identify and define at least four types of settings for each of the headings in Question One. E.g. Hospital for healthcare.</li></ol>				
	<ol><li>Identify and define at least four professionals that work in each of the headings in Question One. E.g. Nurse for health</li></ol>				
	4. There are different types of relationships that can occur in different settings. Define and provide one example of what each of the following key terms mean in a Health, Social Care or Childcare setting.				
	Individuals who require care and support				

	Families / advocates of individuals who require care and support.			
	Colleagues / peers			
	Senior workers / managers			
	Health and Social Care professionals / practitioners			
	Task 2: Anatomy and Physiology – Unit 7			
	Choose one of the following case studies and answer the questions below:			
	Case study 1:			
	Sudip is 45 he is a Call Centre Manager he is a smoker, obese and had recently had a heart attack.			
	Case study 2:			
	Katrina is 30she has <b>Type 1 Diabetes</b> , her current job is a care assistant, she has two children.			
	<ol> <li>Outline what the condition is.</li> <li>Describe the likely causes of the condition.</li> <li>Identify common symptoms of the condition.</li> <li>Discuss how the condition affects the body system.</li> <li>Describe how the condition is diagnosed.</li> <li>Explain the monitoring and treatments needed for your condition.</li> </ol>			
	Please ensure that the work you produce for this task is yours and yours only, and you do not get anyone else to write this for you or use artificial intelligence to support the writing of this work.			
Resources to	https://www.diabetes.org.uk/			
help you with the Bridging	https://www.nhs.uk/conditions/diabetes/			
Task	https://www.nhs.uk/conditions/heart-attack/ https://www.bhf.org.uk/informationsupport/conditions/heart-attack			
	If you have completed the above to the best of your ability, try this			
Extension	extension task.			
Extension Tasks to stretch and challenge you	Give definitions of the terms verbal and non-verbal communication and explain the difference between the two.			
	Describe five examples of situations when we may communicate verbally in Health and Social Care, and five examples of how a Health and Social Care Professional may use non-verbal communication in these situations.			
Massive Open	MOOCs are Massive Open On-line Courses			
Online Courses	You might enrol on this online course and complete the following about			
(MOOCs)	communication: Active Listening: Enhancing Communication Skills Course by Coursera			
(IVIOOCS)	Instructor Network   Coursera			

### **CTEC Level 2 Health and Social Care**

# Part B – Preparing for Studying at Franklin

A fantastic opportunity to widen your understanding of the course.

Examining
<b>Board and</b>
<b>Specification</b>

This course follows OCR CTEC Level 2 Health and Social Care specification. OCR website, including the full specification:

https://www.ocr.org.uk/qualifications/cambridge-technicals/health-and-social-care-2012/units/

#### We cover the following topics:

- Communication in Health and Social Care
- Individual Rights in Health and Social Care
- Vocational Experience in a Health or Social Care setting
- Health and Social Care Services

#### Studying this course will give you a wide range of skills:

- Interpersonal skills
- Work experience skills
- Working within a team

#### Progression after this course:

This qualification will allow you to study a wide range of courses at Level 3 CTEC Level 3 Health and Social Care

T Level Health (Adult Nursing)

T Level Education and Early Years

Criminology

**BTEC Uniformed Protective Services** 

The skills developed on the course will also support applications for apprenticeships in the Health and Social Care field.

There are many different careers that students go into after studying Health and Social Care, such as Carer, Nurse, Creative Activities Coordinator, Health Care Assistant and so on.

## Preparing for the course

Here are some helpful sources of information if you would like further information about the subject:

Websites

https://www.prospects.ac.uk/jobs-and-work-experience/job-sectors/social-care/overview-of-the-social-care-sector

https://www.prospects.ac.uk/jobs-and-work-experience/jobsectors/healthcare/overview-of-the-healthcare-sector-in-the-uk#:~:text=The%20sector%20is%20witnessing%20significant,in%20key%20areas%20like%20nursing.

Books

BTEC Health and Social Care Walsh, M